Welcome

Mar 20, 2017
Check out Dr. O'Donovan's latest work in the news!

December 13th, 2020: Has a year of living with COVID-19 rewired our brains?
Read the story from The Guardian here [1].

December 13th, 2020: BBC Radio Segment on BBC Sounds
Listen to the story from BBC Sounds here [2].

November 1st, 2020: What uncertainty can mean for your mind and body?
Read the story from UCSF News here [3].

THRIVE Lab is accepting Postdoctoral Fellows for start dates in 2021

Please reach out to Dr. O'Donovan as soon as possible if you are interested in working with us in San Francisco. We can accept fellowship applications through the following programs.

1. The MIRECC Advanced Postdoctoral Fellowship in Mental Illness Research and Treatment (link: https://www.mirecc.va.gov/mirecc_fellowship.asp [4])


For applicants not eligible for these fellowships, please contact Dr. O'Donovan for information on other options.
About our lab

The THRIVE Lab is based at the University of California and the San Francisco VA Medical Center. This lab focuses on psychological stress and its impact on health.
People who experience **traumatic or enduring psychological stress** are more likely to develop psychiatric disorders as well as cardiovascular, autoimmune, and neurodegenerative disorders. Our research is focused on revealing how psychological stress drives the **development of mental and physical disorders**.
We aim to identify the psychological and biological factors that account for adverse effects of psychological stress, and ultimately to drive the development of targeted interventions to reduce such negative effects of stress. To this end, we are currently focused on uncovering stress-related changes in immune system function and examining how such changes impact brain function and structure.